



DEPARTMENT OF HUMANITIES

JANUARY - MARCH
2026

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HIGHLIGHTS

- **Voter's Day Election**
- **Newspaper Exhibition**
- **Annual Sports Meet**
- **Psychology Field Visit**
- **Photography Workshop**
- **Happiness Day Celebration**
- **XTASY Cultural Fest**
- **Students Acheivement**



MSRCASC HOSTS MOCK ELECTION TO MARK NATIONAL VOTER'S DAY

INTERACTIVE ACTIVITIES AND EXPERT INSIGHTS ENCOURAGE STUDENTS TO PRIORITISE EMOTIONAL WELL-BEING AND DIGITAL BALANCE

Bengaluru, January 24, 2026 -The Department of Humanities at MS Ramaiah College of Arts, Science and Commerce conducted a Mock Election for BA students on Saturday, aiming to promote civic awareness and democratic participation among youth. The event was held at 10:30 AM in the MCA Gallery Room-608 as part of National Voter's Day observance.

Organized under the leadership of Dr. Ganesh Naik, Head of the Department and Event Coordinator, the program received approval from Principal Dr. Pushpa H and Vice Principal Prof. B.S. Jayaram. The initiative focused on educating students about their electoral rights and responsibilities while encouraging informed participation in democratic processes.

The mock exercise replicated a Student Council Election for the academic year 2025–26. Students actively contested for key positions, with Bhumi Baskshi, Md. Fardin Ali, and Marzi A vying for Vice-President. For the role of Sports Secretary, candidates included Nandini A, Thejazer Linyu, and Ananaya G. Ballots also featured posts such as President and Cultural Secretary, ensuring a comprehensive electoral simulation.

Participation was widespread, with students from multiple year groups engaging in the process. Among them were second-year students Mohammed Firoz, Lakshmi Priya, and Pooja M, along with first-year participants Arshiya Banu and Chinmay K. A Presiding Officer was appointed to ensure transparency and fairness throughout the voting procedure.

The event successfully provided hands-on exposure to the electoral system, reinforcing democratic values such as equality, accountability, and informed decision-making. By the end of the session, students exhibited a clearer understanding of the significance of voting and the role of citizens in maintaining democratic stability.





MEDIA TEAM 360°+1 HONoured BY KSTA FOR EVENT COVERAGE EXCELLENCE

Students of MS Ramaiah College of Arts, Science and Commerce have been recognised by the Karnataka Science and Technology Academy for their outstanding media coverage during a national-level academic event. Members of Media Team 360°+1 received Certificates of appreciation for excellence in videography, photography, and editing.

The team, comprising Rahul Swaroop, Bhumi Bakshi, Ananya G. Acharya, Anushka Chandra, and MD Fardin Ali, was honoured for their work during the Two-Day Special Lecture Series 2026 on “Science and Technology for a Sustainable Future,” held on February 4-5 at the KSTA Auditorium.

Their documentation captured key moments and effectively conveyed the essence of the event, reflecting a high level of professionalism and technical skill. Faculty from the Department of Humanities commended the students for their creativity, coordination, and attention to detail.

The recognition highlights the department’s emphasis on experiential learning and practical media training. It also underscores the growing importance of student-led media teams in documenting academic and institutional events with industry-level quality.



NEWSPAPER DAY EXHIBITION SHOWCASES INDIA'S PRINT LEGACY AT MSRCASC

Bengaluru, Feb 12th - The Department of Humanities, in collaboration with the Library and Information Centre at MS Ramaiah College of Arts, Science and Commerce, organised a Newspaper Day Exhibition on Thursday, 12th Feb 2026 drawing around 70 visitors from across departments. Held at the Verandah on the 6th Floor, the event aimed to deepen students’ understanding of India’s diverse and multilingual press landscape.

Coordinated by Dr. Nethravathi L. M., Mr. Sarath B., and Mr. Kiran N., the exhibition presented displays representing all Indian states. Each section highlighted major regional newspapers, their language of publication, historical evolution, and regional influence, offering a comprehensive overview of the country’s print journalism ecosystem.

The initiative sought to familiarise students with the role of newspapers in shaping public opinion and sustaining democratic values. By mapping the nation’s press landscape, the exhibition reinforced the continued relevance of print media in an increasingly digital era.

A key highlight was the active involvement of second-year BA students, who spent a week on research, content curation, and display design. Their participation not only strengthened academic understanding but also demonstrated teamwork, organisational ability, and practical application of classroom learning.

Visitors were further engaged through an interactive quiz based on the exhibition content, encouraging careful observation and knowledge retention. Winners were awarded e-certificates and mementos, with Mr. Harshith (NCC Officer), Mr. Abdul Thahr (B.Com II Year), and Ms. Meghna (BCA II Year) securing the top positions.

The exhibition underscored effective interdisciplinary collaboration while promoting experiential learning. By celebrating the richness of regional journalism, the event highlighted the enduring significance of newspapers as a cornerstone of informed civic life.





HUMANITIES STUDENT SHINES WITH DUAL MEDALS AT ANNUAL SPORTS MEET

Bengaluru, March 6, The Annual Sports Meet at M.S. Ramaiah College of Arts, Science and Commerce witnessed impressive performances from students across departments, with standout achievements highlighting the spirit of athletic excellence and determination on campus.

Among the top performers was Thejazer Linyu, a second-year student from the Department of Humanities, who delivered an exceptional performance in multiple track and field events. Thejazer secured a gold medal in the javelin throw, demonstrating remarkable strength, precision, and technical skill. Adding to this achievement, the student also clinched a bronze medal in the long jump, reflecting versatility and consistent athletic ability.

The event brought together participants from various disciplines, creating a competitive yet encouraging environment that celebrated both individual excellence and team spirit. Faculty members and organisers commended the efforts of all participants, noting the high level of enthusiasm and sportsmanship displayed throughout the meet.

The Annual Sports Meet, organised by the college, aimed to promote physical fitness, resilience, and healthy competition among students. It also served as a platform for young athletes to showcase their abilities and gain recognition for their dedication and hard work.

Thejazer's achievement has brought pride to the Department of Humanities and stands as a motivating example for peers. The performance underscores the importance of balancing academics with extracurricular pursuits, encouraging students to actively engage in sports and strive for holistic development.

The event concluded with a sense of accomplishment, reinforcing the institution's commitment to nurturing talent both inside and outside the classroom.



MINDSCAPE CLUB MARKS INTERNATIONAL DAY OF HAPPINESS WITH INTERACTIVE CAMPUS ACTIVITIES

The Department of Humanities (Psychology) at MS Ramaiah College of Arts, Science and Commerce celebrated the International Day of Happiness with a series of student-led activities aimed at promoting mental well-being and positivity across campus. Organised under the banner of the Mindscape Psychology Club, the event witnessed enthusiastic participation from students across departments.

Designed to foster emotional awareness and reduce stress, the programme featured experiential activities that encouraged students to engage with practical aspects of psychological well-being. A key highlight was that the entire event was conceptualized and executed by students, showcasing their creativity, teamwork, and applied understanding of psychology.

Multiple interactive stations formed the core of the celebration. The "Happiness Wall" allowed participants to express gratitude and share positive messages, creating a collective sense of joy. The "Compliment Booth" offered encouraging notes, helping boost confidence and self-esteem. Meanwhile, the "Stress Smash Station" enabled students to release tension through safe physical activities such as punching pillows and using fidget tools. Adding an element of fun, the "Hopscotch Game with Tasks" combined play with reflective prompts centered on happiness and personal well-being.

The venue was vibrantly decorated by students, contributing to a lively and welcoming atmosphere. Participants actively engaged in the activities, making the event both energetic and meaningful.

The initiative provided a platform for students to unwind, connect, and better understand the importance of mental health in everyday life. Organisers noted that the event successfully translated theoretical concepts into real-life experiences, reinforcing emotional resilience and peer bonding.





PSYCHOLOGY STUDENTS GAIN CLINICAL INSIGHT DURING VISIT TO HEJJE REHABILITATION CENTRE

Bengaluru, March 9, 2026. The Department of Humanities (Psychology) at MS Ramaiah College of Arts, Science and Commerce organised an academic field visit to Hejje Neuro Rehabilitation Centre, offering students firsthand exposure to professional rehabilitation practices. A total of 20 second- and third-year psychology students participated in the visit under the guidance of programme coordinator Varsha S. Deshpande.

The visit aimed to bridge theoretical knowledge with practical application by introducing students to real-world clinical settings. At the centre, students were familiarised with an integrated rehabilitation approach that combines neuropsychology, physiotherapy, occupational therapy, speech therapy, and behavioural interventions to support patient recovery.

Experts at the facility explained how multidisciplinary collaboration plays a critical role in addressing neurological and psychological conditions. Students observed therapeutic techniques, patient-care strategies, and the structured processes involved in rehabilitation planning and execution.

The interaction also provided insights into the challenges faced by patients and healthcare professionals, helping students develop a deeper understanding of empathy, patient management, and ethical practice in psychology. The exposure highlighted the importance of holistic treatment methods in improving quality of life for individuals undergoing rehabilitation.

Participants described the visit as an enriching learning experience that enhanced their academic perspective and career awareness. The initiative reflects the department's continued emphasis on experiential learning, ensuring students are equipped with both conceptual knowledge and practical competence in the field of psychology.

In addition, students engaged in interactive discussions with therapists, clarifying doubts about assessment tools, case histories, and intervention planning. They were also introduced to assistive technologies and adaptive equipment used in patient care. The visit encouraged critical thinking about career pathways in clinical and rehabilitation psychology, while reinforcing the significance of interdisciplinary teamwork in achieving effective therapeutic outcomes.



CANON-LED PHOTOGRAPHY WORKSHOP ENGAGES 100+ STUDENTS AT MSRCASC

Bengaluru, March 10. Over 100 students participated in an interdepartmental workshop on advanced photography organised by the Department of Humanities at MS Ramaiah College of Arts, Science and Commerce on Monday. Conducted in collaboration with Canon India Ltd., the three-hour session was held from 10:00 AM to 1:00 PM at the Mother Teresa Auditorium.

The workshop drew around 111 students from various departments, highlighting strong interest in visual media and emerging creative skills. The session was coordinated by Mr. Sarath B. and Dr. Nethravathi L. M., and led by professional photographer and trainer Mathew Mohan Das. He was supported by Canon India's Sales Managers, Balunkeshwar Jena and Silu Joshi.

Participants were introduced to key aspects of modern photography, including camera handling, lens selection, composition techniques, and lighting principles. Live demonstrations using industry-standard equipment enabled students to gain practical insights into professional workflows.

A major focus of the workshop was visual storytelling and its growing relevance across fields such as journalism, media production, and digital content creation. Interactive segments allowed students to engage directly with the resource persons, clarifying concepts and understanding current industry trends.

"The workshop served as a valuable bridge between academic learning and real-world application," noted one of the coordinators, emphasizing its practical orientation.

Students reported gaining hands-on exposure to advanced tools and a broader perspective on photography as both a creative discipline and a viable career path. The initiative reflects the department's commitment to skill-based education and industry collaboration.

By partnering with a globally recognized brand like Canon, the Department of Humanities continues to align academic experiences with evolving media practices, preparing students for the demands of a competitive and dynamic professional landscape.





PSYCHOLOGY STUDENTS SHINE AT NATIONAL CONFERENCE IN MYSURU

II YEAR HUMANITIES STUDENTS FROM THE DEPARTMENT REPRESENT THEIR INSTITUTION WITH RESEARCH PRESENTATIONS SPANNING PARENTING, HAPPINESS, AND EMOTIONAL MATURITY



Students from the Department of Humanities (Psychology) made a notable mark at a National Conference held at Christ College, Mysuru, on 4th March 2026. The II Year degree students participated actively, using the prestigious platform to present original research and demonstrate their growing academic capabilities.

Pooja M and Chinmai S. U drew attention with their paper on parenting styles among first-born and later-born children, exploring how birth order influences the way parents approach child-rearing. Bhumi Bakshi presented an insightful study on happiness among first-time mothers, shedding light on the emotional experiences of women navigating new parenthood. In a second collaborative effort, Bhumi Bakshi and Ananya Acharya examined emotional maturity among undergraduate students, a topic of growing relevance in today's rapidly changing academic environment.

The conference proved to be a transformative experience for the participating students. Beyond the presentations themselves, the event sharpened their critical thinking, broadened their research exposure, and strengthened their confidence in academic discourse. Faculty members noted that such platforms play a vital role in bridging the gap between classroom theory and real-world psychological practice, preparing students for higher studies and professional careers in the field.



XTASY 2026 CULTURAL FEST SHOWCASES TALENT AND TEAM SPIRIT AT MSRCASC



MS Ramaiah College of Arts, Science and Commerce hosted XTASY 2026, an interdepartmental cultural fest that brought together students from across disciplines in a vibrant celebration of creativity and performance. The event featured a dynamic mix of music, dance, drama, and fashion, reflecting the institution's diverse cultural ethos and student talent.

The fest witnessed enthusiastic participation, with students delivering energetic and engaging performances that contributed to the overall success of the event. XTASY 2026 served as a platform for students to express their artistic abilities while fostering collaboration and healthy competition among departments.

The BA department emerged as a standout, with several students earning recognition for their performances. In the solo singing category, Ananya Ganesh (2nd Year) impressed with her vocal skills, while group singing performances by Kritika, Danu, and Himanshi (1st Year) were well received. Bidisha (3rd Year) captivated the audience with her solo dance, and Marzi A (2nd Year) delivered a notable performance in drama.



The fashion show segment drew particular attention, with participants including Koshik, Rahul (1st Year), Anshul (3rd Year), Theja (2nd Year), Kritika, Danu, Syeda, Bhumi (1st Year), Lekhana (2nd Year), Janawee, and Nithin (3rd Year) showcasing confidence, style, and stage presence.

Faculty members and organisers commended the students for their dedication and teamwork, noting that such events play a crucial role in holistic development. The performances not only highlighted individual talent but also reinforced the importance of creativity and cultural engagement in academic spaces.



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FIRST-YEAR STUDENT TAKES THE STAGE AT NATIONAL CONFERENCE IN BENGALURU

Ishana Akkamma, a first-year student from the Department of Humanities (Psychology), made an impressive academic debut at a National Conference held at St. Clare College on 26th March 2026. Despite being only in the first year of her degree, Ishana stepped forward to present an original research paper on achievement motivation among degree students, examining the key factors that drive academic ambition and the will to succeed.

Her presentation stood out for its clarity and depth, reflecting a strong grasp of core psychological concepts and a remarkable ability to connect theory with real-world observations. Attendees and faculty noted her confidence and articulate delivery as particularly commendable for a student at such an early stage of her academic journey.

The research paper delved into the psychological dimensions of motivation, drawing on established theories to analyse how internal and external factors shape a student's desire to achieve academic goals. Ishana explored variables such as self-efficacy, peer influence, family expectations, and institutional support, offering a nuanced perspective on what drives degree students to perform and persist. Her findings prompted thoughtful discussions among delegates, with several senior researchers acknowledging the relevance and timeliness of the topic in today's competitive educational landscape.

The conference brought together students and subject experts from institutions across the region, offering Ishana a rich environment for intellectual exchange and scholarly dialogue. The experience significantly enhanced her understanding of research methodologies and sharpened her communication and critical thinking skills.

Reflecting on the experience, Ishana expressed that presenting before an audience of academics and peers was both challenging and deeply rewarding. She credited her department's encouragement and faculty mentorship for giving her the confidence to participate at such a prominent academic forum. Her initiative has inspired fellow first-year students to explore research opportunities early in their studies.

Department of Humanities

FAREWELL PARTY

You are warmly invited to the Farewell Party of our seniors, as it is a moment to look back with gratitude, cherish the bonds that will last beyond college, and bid a heartfelt farewell as we step into new beginnings.

Dress Theme :
Monochromatic (3rd Year's)
White (1st Year's & 2nd Year's)

Mr. & Ms. Farewell
(Judged on Outfit, Style & Presentation)

Thursday, May 7th @10.30am,
A.P.J. Abdul Kalam Auditorium,
MSRCASC

Coordinators : Md Fardin Ali | Bhumi Bakshi (Vice-Presidents)