



**RAMAIAH**

College of Arts, Science &  
Commerce

ಎಮ್ ಎಸ್ ರಾಮಯ್ಯ ಕಲಾ, ವಿಜ್ಞಾನ ಮತ್ತು ವಾಣಿಜ್ಯ ಕಾಲೇಜು

**M S Ramaiah College of Arts, Science and Commerce**

Re-accredited 'A' by NAAC, Permanently Affiliated to Bengaluru City University,  
Approved by Government of Karnataka, Approved by AICTE, New Delhi,  
Recognized by UGC under 2f & 12B of UGC act 1956



(National Institutional Ranking Framework, Ministry of Education, Govt of India)

Ranked 55<sup>th</sup> in NIRF India Ranking by MHRD, New Delhi

DBT Star College Scheme

## Report on Pyramid valley

Department of Indian Languages organised an excursion (Out reach programme) to **Pyramid Valley International** located in **Kanakapura road, Harohalli Hobli, Ramanagar** district of Karnataka, on the occasion of "**BHASHOTSAVA**".

The faculties and the students left the college at 9.30 AM through the college bus and reached there at around 11 AM.



The journey from the entrance to the Pyramid — through beautiful landscape of rocks, lush green gardens, soothing water bodies and pathways — helps you transcend the mind towards calmness.



The peaceful meditative Buddha at the entrance of the Pyramid is a perfect setting to be one with yourself.



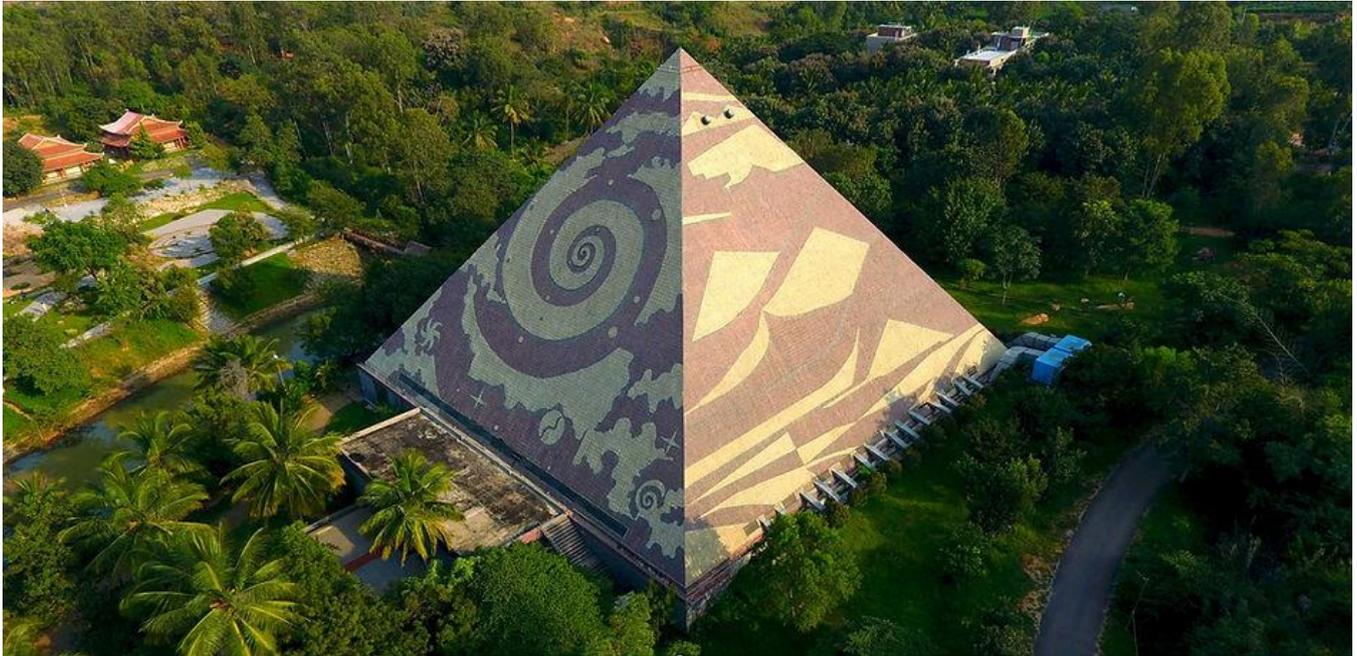
At this place we got to know that Brahmarsi Pitamaha Patriji, a spiritual master taught the meditation for many people. Patriji started an organisation called Pyramid Spiritual Societies Movement in 1990. And this Pyramid Valley was built in 2007 in the outskirts of Bengaluru. It is a paradise where the spiritual and emotional needs are met. You can relax, meditate, be one with nature, or experiment by learning new life skills. It is also a place to encounter the experiences of world's spiritual masters, and develop a holistic approach to life and learning.



The Maitreya Buddha Pyramid inside the Pyramid Valley occupies a base area of 160' x160' and is as tall as a ten-storey building at a 102 ft. height. It can accommodate about 5,000 meditators at a time.

The Pyramid is constructed on the principles of the Great Pyramid of Giza. Oriented exactly in the North – South direction, the four faces of the Pyramid have the golden angle of inclination at 51°50'. The King's Chamber is located at the centre of the Pyramid, at 1/3rd the height from the base of the Pyramid. According to the Masters there, **King's Chamber** absorbs a lot of cosmic energy from the cosmos.

Thousands of people meditate daily inside the Pyramid and hence there is stupendous energy available for everyone to get recharged.



We also got to see the beautiful carvings of Lord Buddha on the walls of the Pyramid and also took the blessings of the lord. The Spiritual books related to meditation were kept for references and to purchase not only that many materials were there for purchase.

At 11.30 A.M, a discourse related to the meditation was held. Two of the masters explained in brief about pancha pranas and breathing exercises. And also made the students and faculties practise the breathing exercise for more than an hour.

Later at 1 P.M lunch was arranged for everyone. It was a delicious feast. After the lunch the students enjoyed walking the different places and the beauty of the nature.