



RAMAIAH

College of Arts, Science &
Commerce

ಎಮ್ ಎಸ್ ರಾಮಯ್ಯ ಕಲಾ, ವಿಜ್ಞಾನ ಮತ್ತು ವಾಣಿಜ್ಯ ಕಾಲೇಜು

M S Ramaiah College of Arts, Science and Commerce

Re-accredited 'A' by NAAC, Permanently Affiliated to Bengaluru City University.

Approved by Government of Karnataka, Approved by AICTE, New Delhi.

Recognized by UGC under 2f & 12B of UGC act 1956



(National Institutional Ranking Framework, Ministry of Education, Govt of India)

Ranked 62nd in NIRF India Ranking by MHRD, New Delhi

DBT Star College Scheme

REF: MSRCASC/BA/2021-22/46

Date: 17th January 2022

CIRCULAR

Department of Humanities

A value added programme on '**Emotional Intelligence**' has been arranged for the students from 24th January 2022. It'll be a 30-hour course in the online mode. All who are interested may register your names with your mentors.

Adhi

HOD

Head, Dept. of Humanities,
Ramaiah College of Arts, Science
and Commerce, Bangalore-560054

Principal
PRINCIPAL
Principal,
M.S. Ramaiah College of Arts, Science & Commerce
MSRIT Post, MSR Nagar
Bangalore - 560 054



RAMAIAH
College of Arts, Science
& Commerce

DEPARTMENT OF HUMANITIES (Psychology)

Presents Value Added Program on 'Emotional Intelligence'

Program Objectives:

- To understand the concepts of Emotional Intelligence.
- To develop awareness and self-management of personal emotions.
- Recognize emotions in others, responding to those emotions appropriately.

Dates: 24.01.2022 - 26.02.22

Certificates will be provided

Coordinators:

Aditi Arun Rao

Harshitha.H.R

For Registration Mail

harshithahr199604@gmail.com





Department of Humanities

Value Added Program on Emotional Intelligence

Event	Value Added Program on Emotional Intelligence
Date	24.01.22 – 26.02.22
Duration of event	30 Hour
Name of the event organizing department	Department of Humanities
Sponsor of the event	None
Committee members	NA
Chief Guest / Guest of Honor	NA
Name of the Coordinators:	Mrs. Aditi Arun Rao Ms. Harshitha HR

Event Objective:

1. To understand the concepts of Emotional Intelligence.
2. To develop awareness and self-management of personal emotions.
3. Explore ways to advance personal emotional intelligence.
4. Recognize emotions in others, responding to those emotions appropriately.

Event Description:

This course aims at helping students build stronger relationships, succeed at college, and achieve career and personal goals. It also helps them to connect with their feelings, turn intention into action, and make informed decisions.

The goals of emotional wellness are:

- Life satisfaction.
- Being active with their emotions rather than a passive target for them.
- Emotional regulation.
- Becoming a distant observer.
- Being comfortable with discomfort.
- Make peace with what you can't control.

Emotional intelligence is the ability to identify, manage, and express the emotions of yourself and others. Emotional intelligence requires an intimate understanding of your own emotions, a high degree of social awareness, a commitment to active listening to understand others, and empathy to make the right decisions at the right time. Heightened emotional intelligence can help students achieve personal and professional goals by giving them tools to understand others and build strong relationships.

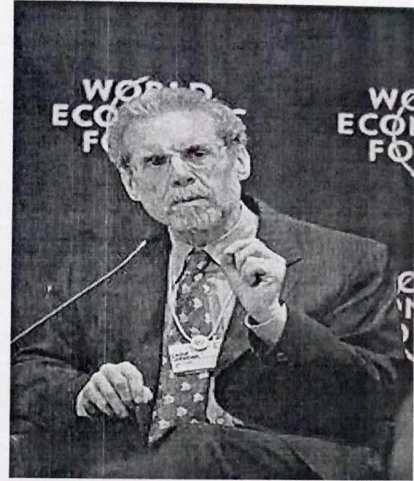
The course has been structured for 30 hours. For the successful completion of the course, 75% of attendance is mandatory along with the timely completion of assignments (including readings) and final exam are compulsory.

Emotional intelligence is most often defined as the ability to perceive, use, understand, manage, and handle emotions. Emotional intelligence (otherwise known as emotional quotient or EQ) is the ability to understand, use, and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict.

Emotional intelligence helps in building strong relationships, succeed at college and work, and achieve career and personal goals. It can also help to connect with our feelings, turn intention into action, and make informed decisions.

Peter Salovey and John D. Mayer coined the term 'Emotional Intelligence' in 1990 describing it as “a form of social intelligence that involves the ability to monitor one's own and others' feelings and emotions, to discriminate among them, and to use this information to guide one's thinking and action”.

Daniel Goleman (born March 7, 1946) is an author, psychologist and science journalist. For twelve years, he wrote for The New York Times, reporting on the brain and behavioural sciences. His 1995 book Emotional Intelligence was on The New York Times Best Seller list for a year and a half, a best-seller in many countries, and is in print worldwide in 40 languages. Apart from his books on emotional intelligence, Goleman has written books on topics including self-deception, creativity, transparency, meditation, social and emotional learning, ecoliteracy and the ecological crisis, and the Dalai Lama's vision for the future.



Daniel Goleman's emotional intelligence theory outlines five components of EQ: self-awareness, self-regulation, motivation, empathy, and social skills.

Self-awareness is the experience of one's own personality or individuality. Emotional self-regulation or emotion regulation is the ability to respond to the ongoing demands of experience with the range of emotions in a manner that is socially tolerable and sufficiently flexible to permit spontaneous reactions as well as the ability to delay spontaneous reactions as needed. Empathy is the capacity to understand or feel what another person is experiencing from within their frame of reference, that is, the capacity to place oneself in another's position.

Outcome:

- Define Emotional Intelligence (EQ).
- Identify the benefits of emotional intelligence.
- Define and practice self-management, self-awareness, self-regulation, self-motivation and empathy.
- Successfully communicate with others in verbal and non-verbal manner.
- Interpret and manage one's emotions.
- Articulate emotions using the right language.

Principal,
'I.S. Ramaiah College of Arts, Science & Commerce
MSRIT Post, MSR Nagar
Bangalore - 560 054

M.S.Ramaiah College of Arts Science and Commerce
Department of Humanities
Add on Course on Emotional Intelligence - Attendance Sheet - Academic Year 2021-2022 (Odd sem)

Sl. No	Student Name	Reg NO	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Day 15	Student Signature
1	Adithi Gupta	A1917631	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Adithi Gupta
2	Akshaya A.M.	A1917632	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Akshaya A.M.
3	Akilandeshwar J.	A1917633	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Akilandeshwar J.
4	Akshay Prathap K.	A1917634	1	2	A	A	3	4	5	6	7	8	9	10	11	12	13	Akshay Prathap K.
5	Anusha M.	A1917635	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Anusha M.
6	Arpita B.	A1917636	1	2	3	4	5	A	6	7	8	9	10	11	12	13	14	Arpita B.
7	Ashrith N.	A1917637	1	2	3	4	5	6	7	8	9	A	10	11	12	13	14	Ashrith N.
8	Astha Rajan	A1917638	1	2	A	3	4	5	6	7	8	9	10	11	12	13	14	Astha Rajan
9	Chandana C.K.	A1917639	A	A	1	2	3	4	5	6	7	8	9	10	11	12	13	Chandana C.K.
10	Dharmbhat Shreya	A1917640	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Dharmbhat Shreya
11	Dikshita Garg	A1917641	1	A	2	3	4	5	6	7	8	9	10	11	A	12	13	Dikshita Garg
12	Divakar Singh	A1917642	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Divakar Singh
13	Dona Das	A1917643	1	A	A	2	3	4	5	6	7	8	9	10	11	12	13	Dona Das
14	Fayaz Mukkil	A1917644	1	2	3	4	A	5	6	7	8	9	10	11	12	13	14	Fayaz Mukkil
15	Gauthami Kamath k.	A1917645	1	2	3	4	5	A	6	7	8	9	A	10	11	12	13	Gauthami Kamath k.
16	Goldie Pebam	A1917646	1	2	3	4	5	6	7	8	9	A	10	11	12	13	14	Goldie Pebam
17	Haniah Mirza	A1917647	1	2	A	A	3	4	5	6	7	8	9	10	11	12	13	Haniah Mirza
18	Hrisha Murlidhar	A1917648	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Hrisha Murlidhar
19	Itu Sanyal	A1917649	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Itu Sanyal
20	K. Keerthika	A1917650	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	K. Keerthika
21	M. Sreesha	A1917651	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	M. Sreesha
22	Manasa B	A1917652	1	2	A	A	3	4	5	6	7	8	9	10	11	12	13	Manasa B
23	Mayuri A. Joshi	A1917653	A	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Mayuri A. Joshi
24	Mrinalini N	A1917654	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Mrinalini N
25	Naga Lakshmi Sowmya	A1917655	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Naga Lakshmi Sowmya
26	Neha	A1917656	1	A	A	A	2	3	4	5	6	7	8	9	10	11	12	Neha
27	Pooja Y.	A1917657	1	2	3	4	5	6	7	8	A	A	9	10	11	12	13	Pooja Y.
28	Prajith Ravi Shankar	A1917658	1	2	3	4	5	6	7	8	9	10	11	12	13	A	A	Prajith Ravi Shankar
29	Rishabh Sharma	A1917659	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Rishabh Sharma
30	Rochi Kale	A1917660	1	2	A	3	4	5	6	7	8	A	9	10	11	12	13	Rochi Kale
31	Sarmatha Paul	A1917661	1	2	3	4	5	6	A	7	8	9	10	11	A	12	13	Sarmatha Paul
32	Shivani Choudhary	A1917662	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Shivani Choudhary
33	Sinchana Bhide	A1917663	1	A	A	2	3	4	5	6	7	8	9	10	11	12	13	Sinchana Bhide
34	Soumali Mukherjee	A1917664	1	2	3	4	A	5	6	7	8	9	10	11	12	13	14	Soumali Mukherjee
35	Srinidhi S Kanth	A1917665	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Srinidhi S Kanth
36	Sushanth K.	A1917666	1	2	A	A	3	4	5	6	7	8	9	10	11	12	13	Sushanth K.
37	T L Nikhila	A1917667	1	2	3	4	5	A	6	7	8	9	10	11	12	13	14	T L Nikhila
38	Tom Christy Sony	A1917668	1	2	3	4	5	6	7	8	9	A	10	11	12	13	14	Tom Christy Sony
39	Vijai Laxmi Basnett	A1917669	1	2	3	4	5	6	7	8	9	10	11	12	13	A	A	Vijai Laxmi Basnett
40	Yashaswini Urs	A1917670	1	2	3	4	5	6	7	8	9	10	11	12	13	A	A	Yashaswini Urs

Program Coordinators

1. Aditi Arun Rao
2. Harishitha HR

Principal,
M.S.Ramaiah College of Arts, Science & Commerce
MSRIT Post, MSR Nagar
Bangalore - 560 054



Department: Humanities

Name of the program: Value added course – Emotional Intelligence.

Year: 2021-2022

Assessment Procedure for the Value Added Course:

The Department of Humanities organized a value added course on 'Emotional Intelligence' from 24.01.22 to 26.02.22. 40 students participated in the course and the course was planned for 30 hours. The students were equipped with assignments to assess their understanding of the subject.

The following is the details of the marks scored by the students.

SL. NO	Names	Reg NO	Attendance (10)	Assignment (10)	Test (20)	Total (40)
1	Adithi Gupta	A1917631	9	10	18	37
2	Akhshaya A.M.	A1917632	9	10	19	38
3	Akilandeswari	A1917633	9	10	20	38
4	Akshay Prathap	A1917634	9	10	19	38
5	Anusha M.	A1917635	9	10	20	39
6	Arpita B.	A1917636	8	10	18	36
7	Ashrith N.	A1917637	8	10	17	35
8	Astha Rajan	A1917638	8	10	18	36
9	Chandana C.K.	A1917639	8	10	19	37
10	Dharmbhat	A1917640	9	10	20	39
11	Dikshita Garg	A1917641	8	10	18	37
12	Diwakar Singh	A1917642	8	10	20	38
13	Dona Das	A1917643	9	10	20	39
14	Fayas Mukkil	A1917644	9	10	20	39
15	Gauthami k.	A1917645	8	10	20	38
16	Goldie Pebam	A1917646	8	10	20	38
17	Haniah Mirza	A1917647	8	10	20	38
18	Hrisha	A1917648	9	10	20	39
19	Itu Sanyal	A1917649	8	10	20	38
20	K. Keerthika	A1917650	9	10	20	39
21	M. Sreesha	A1917651	8	10	20	38
22	Manasa B	A1917652	9	10	20	39
23	Mayuri A. joshi	A1917653	8	10	19	37
24	Mrinalini N	A1917654	9	10	20	39
25	Naga Lakshmi	A1917655	9	10	20	39

26	Neha	A1917656	8	10	18	36
27	Pooja Y.	A1917657	9	10	20	39
28	Prajith	A1917658	9	10	19	38
29	Rishabh Sharma	A1917659	8	10	19	37
30	Rochi Kale	A1917660	9	10	19	38
31	Sarmistha Paul	A1917661	9	10	18	37
32	Shivani	A1917662	8	10	18	36
33	Sinchana Bhide	A1917663	8	10	19	37
34	Soumali	A1917664	9	10	18	37
35	SriNidhi S	A1917665	9	10	19	38
36	Sushanth K.	A1917666	9	10	20	39
37	T L Nikhila	A1917667	9	10	20	39
38	Tom Christi	A1917668	9	10	20	39
39	Vijai Laxmi	A1917669	8	10	19	37
40	Yashaswini Urs	A1917670	8	10	19	37

Outcome:

- Define Emotional Intelligence (EQ).
- Identify the benefits of emotional intelligence.
- Define and practice self-management, self-awareness, self-regulation, self-motivation and empathy.
- Successfully communicate with others in verbal and non-verbal manner.
- Interpret and manage one's emotions.
- Articulate emotions using the right language.



Department: Humanities

Name of the Program: Value Added Program on 'Emotional Intelligence'

Academic Year: 2021-2022

Assessment: Multiple Choice Questions

1. Emotional Intelligence is characterized by
 - a. Proficient in problem solving
 - b. Better Interpersonal Relationship
 - c. High Abstract Thinking Ability
 - d. Good Sense of Humor
2. Assertion (A): Emotionally intelligent children are found to be good in problem
Reason (R): Emotional intelligence implies the capacity to integrate and manage the emotion.
 - a. Both (A) and (R) are correct and (R) is the correct explanation of (A)
 - b. Both (A) and (R) are correct and (R) is not the correct explanation of (A)
 - c. (A) is true, but (R) is false
 - d. (A) is false, but (R) is true

3.

Set I (EI dimensions)	Set II (Characteristics)
i. Self-awareness	Ability to guide others emotions and the way they act
ii. Self-management	Being able to sense what other feel and want
iii. Self-Motivation	Knowledge of true feeling at the moment
iv. Empathy	Handling emotions to facilitate rather than hinder the tasks
v. Social skills	Staying in the course towards desire goal

4. What is emotional intelligence?
 - a. The ability to monitor one's own and others' feelings and one's
 - b. thinking and actions
 - c. The ability to not get angry when provoked
 - d. Being able to 'read' other people
 - e. Being persistent and enthusiastic when others are flagging
5. What idea did Howard Gardner propose?
 - a. That footballers were intelligent
 - b. That entrepreneurs are just as clever as Einstein
 - c. That the definition of intelligence should be broader than IQ
 - d. That anyone could be considered to be intelligent
6. Emotional intelligence can be studied through ...
 - a. the abilities-focused approach
 - b. the integrative model approach
 - c. the mixed model approach
 - d. all of the above
7. Mixed Emotional Intelligence models have ...
 - a. significant overlap with conscientiousness, extraversion, and self-efficacy
 - b. no significant overlap with conscientiousness, extraversion, and self- efficacy
 - c. non-significant overlap with conscientiousness, extraversion, and self-efficacy
 - d. little overlap with conscientiousness, extraversion, and self-efficacy
8. The higher the Trait EI ...
 - a. the higher the likelihood of personality disorder
 - b. the lower the likelihood of personality disorder
 - c. the higher the likelihood of self-harm
 - d. the higher the likelihood of harm to others
9. The ability to manage emotional reactions in order to achieve one's goal is called
 - a. emotional intelligence
 - b. goal-directed emotion
 - c. low neuroticism
 - d. emotion regulation
10. Which of the following individuals connects to the term 'emotional intelligence'?
 - a. Goleman
 - b. Weschler
 - c. Sternberg
 - d. Ekman
11. The term emoting refers to:
 - a. emotional
 - b. intelligence
 - c. the universal experience of emotion
 - d. the cultural specific experience of emotion
 - e. the embeddedness of emotions and social relationships

12. Emotions are:
- objective responses to experiences in our environment
 - subjective responses to experiences in our environment
 - physiological changes to experiences in our environment
 - behavioural changes to experiences in our environment
13. Which of the following statements aligned with the James-Lang theory of emotion?
- emotions are objective responses to experiences in our environment
 - emotional experiences are dependent upon physiological responses
 - emotional experiences are dependent upon physiological responses and how a person interprets those responses
 - emotions are the result of an individual's emotional intelligence
14. Emotional intelligence is different from other intelligences in that ...
- it is a set of skills
 - it can be measured using tests easily
 - the focus is on emotional reasoning, ability and knowledge
 - it is a new type of intelligence
15. Which of the following describes how Ability Emotional Intelligence and Trait Emotional Intelligence are different?
- The way they are measured
 - The way they are conceptualized
 - The way they correlate with other constructs
 - All of the above
16. Mixed Emotional Intelligence models have ...
- significant overlap with conscientiousness, extraversion, and self-efficacy
 - no significant overlap with conscientiousness, extraversion, and self-efficacy
 - non-significant overlap with conscientiousness, extraversion, and self-efficacy
 - little overlap with conscientiousness, extraversion, and self-efficacy
- 17 The higher the Trait EI ...
- the higher the likelihood of personality disorder
 - the lower the likelihood of personality disorder
 - the higher the likelihood of self-harm
 - the higher the likelihood of harm to others
18. EI is linked to romantic relationship satisfaction because EI may be linked to ...
- having better understanding of the partner's emotions
 - giving the person higher self-esteem
 - agreeing with the partner all the time
 - getting what one wants out of the relationship

19. Lower EI is likely linked to more aggressive behaviour because ...

- a. taking action is more important than expressing emotions
- b. people with lower EI often think of themselves as victims
- c. that is the only way the person knows how to express their displeasure
- d. other's emotions and behaviours are misinterpreted as hostile and an aggressive response is therefore exhibited

20 . Which of the following makes measuring EI challenging?

- a. Whether the scenarios presented should be authentic or hypothetical
- b. Whether conscious, effortful processing or spontaneous processing of emotional materials should be measured
- c. How happy the person is feeling?
- d. a and b only

Answer Key

1. b

2. c

3. b

4. b

5. c

6. a

7. c

8. a

9. d

10. d

11. c

12. c

13. a

14. a

15. b

16. a

17. c

18. b

19. a

20. a

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

ADITHI GUPTHA
.....

**bearing Register Number A1917631 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

AKILANDESHWARI J
.....

**bearing Register Number A1917633 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL


Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

AKSHAYA A.M.
.....

**bearing Register Number A1917632 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

AKSHAY PRATAP
.....

**bearing Register Number A1917634 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

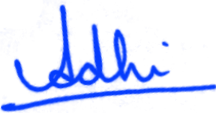
Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

ANUSHA M
.....

**bearing Register Number A1917635 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL


Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

ARPITHA B KATAKOL
.....

**bearing Register Number A1917636 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

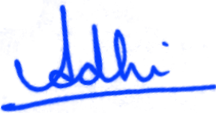
Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

ASHRITH N KASHYAP

**bearing Register Number A1917637 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

ASTHA RAJAN

**bearing Register Number A1917638 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

CHANDANA C K

**bearing Register Number A1917639 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO
DHARMABHAT SHREYA

**bearing Register Number A1917640 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

DIKSHITHA GARG

**bearing Register Number A1917641 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

DIWAKAR SINGH

**bearing Register Number A1917642 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

DONA DAS

**bearing Register Number A1917643 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

FAYAS MUKKIL PEEDIKAYIL

**bearing Register Number A1917644 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

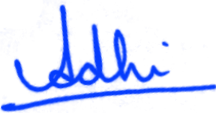
Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

GOLDIE PEBAM

**bearing Register Number A1917646 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL


Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

GAUTHAMI KAMATH K

**bearing Register Number A1917645 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

HANIAH MIRZA

**bearing Register Number A1917647 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

HRISHA MURLIDHAR

**bearing Register Number A1917648 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

ITU SANYAL

**bearing Register Number A1917649 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL


Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

K. KEERTHIKA

**bearing Register Number A1917650 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

MANASA B

**bearing Register Number A1917652 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

MAYURI A.JOSHI

**bearing Register Number A1917653 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

MRINALINI N

**bearing Register Number A1917654 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

NAGA LAKSHMI SOWMYA

**bearing Register Number A1917655 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL

Department of Humanities

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

Neha

**bearing Register Number A1917656 for
successfully finishing the Value Added
Program on 'Emotional Intelligence'**



MRS. ADHISAKTHI P K
HEAD. DEPT. OF
HUMANITIES



DR. A NAGARATHNA
PRINCIPAL