



***RAMAIAH**
College of Arts, Science &
Commerce

ವಿಷ್ಣು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ, ಕಲಾ, ವಿಜ್ಞಾನ ಮತ್ತು ವಾಣಿಜ್ಯ ಕಾಲೇಜು
M S Ramalah College of Arts, Science and Commerce
Re-accredited 'A' by NAAC, Permanently Affiliated to Bengaluru City University;
Approved by Government of Karnataka, Approved by AICTE, New Delhi.
Recognized by UGC under 21 & 12B of UGC act 1956
nirf (National Institutional Ranking Framework, Ministry of Education, Govt of India)
Ranked 62nd in NIRF India Ranking by MHRD, New Delhi
OBT Star College Scheme

Ref. No: MSRCASCLANG/2022-23/01

Date: 23/11/2022

CIRCULAR

This is to inform you that ISKCON, Rajajinagar, Bengaluru is organizing a
Personality Enrichment Workshop on – "Art of Mind Control" for PG and UG Program
students on 3rd December, 2022.

Day-Saturday

Date: 03/11/2022

Venue: ISKCON, Rajajinagar

Time: 5-6PM

Principal
Principal,
M.S. Ramalah College of Arts, Science & Commerce
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- Art of Mind Control workshop which was held on 3rd December 2022 in Hare Krishna Hill, Rajajinagar, ISKCON Bengaluru 560010.
- The Session started at 5:30pm to 7:00pm and on-spot registration was also available and students who had pass which worth 500 rupees and this was been given to students as a complimentary for the encouragement. Students had to report at 4:30pm and had to give attendance via QR code and also contained set of questionnaire.
- The Speaker for the event was **Vallabha Chaitanya Das Prabhu** who worked in many MNC companies and Alumni student of M S Ramaiah College.
- This program was dedicated to **A C Bhaktivedanta Swami** who is the founder of **International Society of Krishna Consciousness** which is also known as **ISKCON**
- The strength of audience was more than 200 members and 80% students were from M S Ramaiah College
- Speaker had a great one on one interaction with students, which made audience more interactive.
- He discussed about the needs and importance of mind, intelligence and need to control
- He discussed the types and ways to control mind and explained the importance and its circumstances when it's not controlled.



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- One among the method was on basis of Spirituality method where we were thought about “**Hare Krishna Maha Mantra**”
- Everyone was pleased and had an energy vibe after chanting “**Hare Krishna Maha Mantra**” 12 times.
- Later another QR code was displayed on screen for registering for an event where after they would become **FOLK** member i.e youth volunteer for ISKCON. The register fee for the event was 200 rupees and they had their choice of Sunday to attend the event.
- Later we and our friends went to Temple to grace the blessings of the God.
- Nearby there were book stalls having all the languages books which contained **Sri Mahabharata, Sri Bhagavad Gita and Life of Krishna** books for kids and many more.
- Later there were paid prasadam counters which had mouth watering prasadam and next we headed towards the exit gate of the temple and received free prasadam for all.
- We enjoyed the pleasant climate and took wonderful pictures with our friends and made memories.

Principal

Valisri

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Certificate of Participation

This certifies that

Trishuddi SKM

from Ms Ramaiah, Bangalore has participated in Art of Mind Control
workshop on 3rd December 2022 conducted by ISKCON Bangalore

5th December 2022

Date



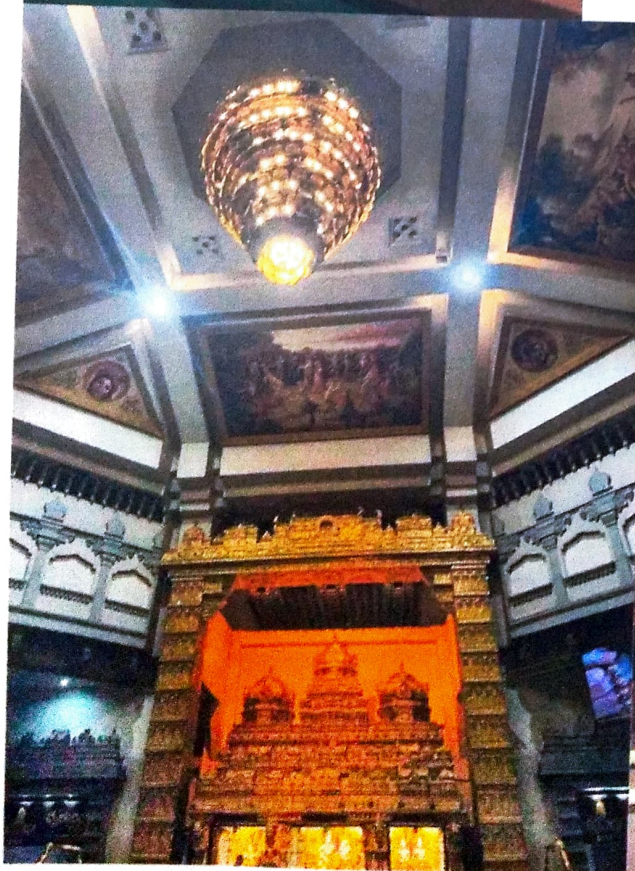
Sampati Das
Sampati Das
Head, ISKCON Bangalore





Speaker:
Vallabha Chaitanya Das Prabhu

ISKCON Temple



Vallabha 4

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